

FROM SUBURBIA TO THE FLOWER CHILDREN'S HAIGHT/ASHBURY

From Suburban Housewife to Communal Hippie

Dropping Out

When I look back to the sixties, I feel in awe of the change I made in my life, going from a housewife in suburbia with a husband and four young children to a member of a hippy commune in the Flower Children's Haight/Ashbury in San Francisco.

It was 1968, and I had been at home with four young children and a husband who was verging on a mental breakdown due to the stress of supporting a wife, four children and monthly house payments. Our hearts just weren't into the getting-for-self separate household in the suburbs. We had also come to realize that what we wanted was a sharing life style with others of like-mind. We wanted to expand our care and concern outside of our immediate family, and it also made economic sense.

Thru the "Switchboard" in San Francisco, we met a young hippie couple and their baby, Gentle. They were leaving "the Haight" to return to their home in the Midwest and called to tell us of a commune in San Francisco they felt was what we were looking for. So we took the momentous trip from Novato to San Francisco and arrived at the beautifully restored Victorian House across from the Golden Gate Park Panhandle to attend Allen Michael's Evening of Enlightenment.

Michael and I both felt that we were with kindred spirits and joined in with them singing their inspired family songs. We had that knowing you can feel when you recognize something that is true. Allen Michael's words rang clear as a bell. It became clear that he was a messenger of Creation Universe for this time of planetary transformation.

We had never heard of flying saucers, of Galactica's spaceships or the truth of our usury money system, and we could see that the cause of the increasing negative effects on the planet is due to this

unconstitutional money system (money with interest attached.) This was the first we had heard of such things, and it's like that flash of knowing. That was it! We knew this was what we had been looking for. So, we astounded our family and friends and "tuned in, turned on and dropped out." I went from playing the role of a housewife in suburbia with a husband and four young children and awakened as a communal hippie with a much expanded family.

The trip I took, going from suburbia to the Flower Children's Haight/Ashbury in San Francisco was one of those life-changing moves. It came about for me in recognizing a truth greater than any I had previously known and acting on it. When we heard Allen Michael channel, both my husband Michael and I recognized a reality neither of us had previously been aware of. We recognized the truth of flying saucers; the reason for the negated energy manifesting as duality on this planet (which isn't normal in Creation Universe); that the Natural Law of Creation is Sharing; and why the Beings incarnated here are playing the unnatural getting-for-self Money Game, causing the negative effects: war, crime, disease and poverty.

The big news that Allen Michael channeled, and most difficult to grasp, was in revealing the Solar Catastrophe, which is the reason this planet was set up and cultivated as a healing project and the reason there is negated (satanic) energy manifesting on this planet, causing the duality consciousness.

One World Family Commune

Now, 47 years later, it all seems like a dream (which is actually what life really is on this planet.) We sold our home in Novato and along with our four young children, Michael 9, Rhys 7, Caitlin 5, and Chris 3, joined the One World Family Commune in San Francisco's Haight/Ashbury district. We brought all our worldly goods, plus our savings account, to share equally, as had the other communal members.

It was like I had awakened to a colorful dream, filled with music,

singing, dancing and laughing children, with of course, the ups and downs that go with the territory. As I went along, I knew I had found the real thing. Living together as one family, sharing all things in common and serving one another in our daily lives was a transforming experience, one that continued for over twenty years. The truth of the power of sharing remains with all of us tho' we have spread apart. We went from our little Natural Foods restaurant, the Here and Now, in San Francisco's Haight/Ashbury to the Mustard Seed Natural Food Restaurant in the Strawberry Shopping Center, Mill Valley, and from there we were led to Berkeley to open the One World Family Natural Food Center on Telegraph Avenue. In Berkeley, we grew to about 80 people and lived in two former fraternity houses, side by side, up the hill from our restaurant.

Life was a dream in those days, and we were in another world, with our band, musical groups, artists, cooks, sewing and woodshop projects and beautiful children. Our children took part in our many activities and danced with us at the Center in Berkeley. It was during this period in Berkeley, that we published the first of five books of Allen Michael's *Everlasting Gospel* channelings, "From the Universe To the Youth of the World," which we anticipated would rapidly spread worldwide.

Government Funding

Within a few months after opening the One World Family Natural Food Restaurant in Berkeley, we were forced out by a renegade tenant who was sharing the building. Without the cash flow from our restaurant, we could no longer operate spiritually within the profit-motivated buying-and-selling system, and it became apparent that to support our large family and continue to communicate our important message to the people, it was necessary for us to apply for Social Security Income. We felt that the Godmind, Creation, had set up the Social Security System so that spiritual revolutionaries would be able to drop out of the backwards, ungodly system and have their basic needs met while fulfilling their mission. So, we individually applied for Social

Security based on our heightened state of awareness and our inability to stay balanced and function in the vibration of the lower energies of the status quo system of buying and selling. Because of our spiritual motivation and our righteousness, with the Uni's help, we were granted the Social Security benefits, as have many others who have joined us since then who have recognized the truth of sharing.

To Stockton

As changes go, in 1974, the fraternity houses we were renting were sold, and at the same time, we sold our restaurant. With the difficulty of finding large rentals, we ended up renting a spacious mansion and adjacent housing in Stockton, the fertile inland port city in the Delta.

Our life centered around our many creative projects and communicating thru writings, happenings and music, the wonderful truth we were living thru sharing. With Allen Michael channeling, our musical groups performed at churches, prisons and fairs where we catered our natural food and juices. At that time, we published two small books of the *Everlasting Gospel*, *Space Beings Intercept Earthlings*, and *World Master Plan*.

As our children grew, it became necessary to find additional housing and give up the mansion, and we began moving in smaller groups to separate housing in Stockton, Sacramento, and the larger group to Santa Rosa.

Cash Flow Project

As a communal family, it was in the doing that we learned the way to function as a large group. We found that by sharing all things in common, we were more able to come into the consciousness of One, as well as eliminate many of the problems that can come up when there is inequality in people's resources. Having a cash flow project that everyone can contribute energy to and equally share in the return, brings a sense of security and a oneness of mind. A cash flow project that supports a

basic need such as food is a perfect way to experience a new sharing way of living together. In the buying, preparing and serving food and then sharing in the returns of our energies, we are recording thru our acts and words the "all for one and one for all" consciousness. We come out of the status quo insecure getting-for-self world of buying and selling our daily bread as wage slaves and recognize that as we give, so we receive.

A natural food restaurant serves many needs of a commune. It provides the communal members with a healthy food service that covers their own food costs and also serves as a gathering place to attract others of like mind who want to share in the communal lifestyle and eat natural food provided by Creation. It is essential in a food service that there is a high standard of consistency and is therefore an ideal way for everyone to come into a greater discipline and service in the communal household relative to buying, preparing, serving meals and cleaning up. There are also many other areas of service that can be communalized and shared.

It was important that everyone, as much as possible, rotate thru the various aspects of the cash flow projects, child care and household needs, in order to go beyond the status quo monotony of specialization and to be more of one mind in our decisions. We all gain in understanding of all aspects of the whole by rotating between the facets of our daily life, serving and being served, providing our food, clothing, shelter, care, recreation, transportation, communications and especially, doing music together with our children. In the One World Family Commune, everyone was talented in different ways, and there was a flow of creativity.

We are all affected by the fear that has been recorded in the collective consciousness to one degree or another, depending on our past conditioning. When we take part in the natural lifestyle of sharing and serving, we rise above the status quo illusion of fear of survival, recorded so heavily in the collective consciousness. Fear is unnatural in normal Universe and has been perpetuated on this planet by the ungodly,

backwards getting-for-self usury money system (money with interest attached). Living within a group consciousness of *all for one and one for all*, when we slip into old recordings of duality and fear, we are lifted back into higher consciousness by being in the doing of sharing and serving, where we are always learning to forgive from moment to moment. As the consciousness grows in our energy bank, we can recognize old programs of fear and let them go. There are always people with varying degrees of abilities in the diverse activities of our daily life, and together we learn and teach one another according to need and ability. There is the companionship and knowing that everyone is here for you.

By changing the structure of our lifestyle, we put ourselves in a position where our words and actions automatically reflect the sharing, spiritual way of life, and we record this in our territory and in our own electromagnetic field for playback. It's a wonderful freeing feeling to come out of the business-as-usual pressure of being "top dog" or "under dog" and just be creative parts of the whole in the joy of doing. Whether we have the awareness to begin with or not, as we record our words and deeds in service and sharing, we are opened up to the glorious truth that we really are *one family on a planet abundantly rich in all things to be shared by all*.

Can you imagine what it will be like when all people, of all races, religions, countries and territories, recognize in their hearts that we are all one family of humanity on this planet, that we're all breathing the same breath of Creation, all providing for one another the bounty of Creation, loving ourselves and one another in different aspects of the One Mind of Creation, like facets in a diamond. All negative effects will be healed and our colorful planet will sparkle in the light, joining the many sparkling planets in the heavens.

Allen Michael passed away at age 93 in 2010, leaving four of us, Jeff, Michael, Barry and I, in Santa Rosa. Joseph, his wife, Tera, and

sons, Timothy and Luke, have moved to Sacramento, where Joseph has set up a branch of the Universal Industrial Church. Beldon, our dome builder, comes and goes and lives in Daytona Beach at present. We continue to maintain our website, www.galacticmessenger.com, so beautifully created, with Joseph's great assistance, by Dale Lafayette of AME studios, an OWFC member from our Berkeley days.

Over the years, we have had several smaller communal projects in Sacramento, Maui, Eugene, Ore. and in Santa Rosa, where we four older members now live. Looking back on it, it almost seems like a fairytale, carried out in the 70's and 80's, where "we all lived happily ever after." It was in the era of the Viet Nam war and the Flower Children, an awakening time for many. Now, at age 87, looking back at that wonderful revolutionary time, I feel in awe and am thankful for the dramatic change I made in my life.

The truth of Allen Michael's prophesies are becoming more and more evident as the negative effects build up in the Middle East, the money system continues in its downward spiral and catastrophies build up worldwide. The reason the term, "comforter," has been given to Allen Michael is that when you recognize the truth of the channelings, you can see the relativity of all things, there is no death and all things are happening for the perfect on this healing project planet.