

## Chapter 2

### Our Dynamic Demonstration



You can imagine what a profound change it was for me, going from a housewife in suburbia with four young children, to the communal lifestyle of hippies and the world of the "Flower Children." It was the Happy Hippy days of the 60's, and there we were, right in the midst of it all on Haight Street, operating our little macrobiotic restaurant, The Here and Now.

In the have-and-have-not's world, where people must "work for a living," I had been conditioned to regard service-type occupations as demeaning and, having set my sites on something far more glamorous, never could have imagined that I would work in a restaurant. Glamour is a false illusion of the material world, the world of duality, which people have been conditioned into generation after

generation, and I had never experienced the joy that can come from the simplicity of sharing and serving together as one family.

"Channeling energy," as we call it, in our "Creative Schools of Experience in the University of the Universe," is nothing like what they call "work" in the world of buying and selling. It's a fulfilling experience when, together with your family and friends, you are preparing food for people in your community and for one another that you know is delicious and healthful and, with the high vibes of the Flower Children, it was magical! The word, "work," naturally began to fall out of our vocabulary, just as it will no longer exist in the New World of sharing.

In the work-a-day world, most parents, children, husbands and wives live under an illusion of dependency and possessiveness, reacting emotionally rather than responding to need, blocked from growing and perfecting their individuality

and autonomy. When we learn to freely give and receive unconditional love thru service to one another, we will no longer fear the loss of control over those we are close to. We will recognize that each of us is an autonomous being and that we are always there to serve one another. This is the meaning of Love.

Each of us committed ourselves to a five hour per day *love service shift*. We rotated between food service in the Here and Now, baking macrobiotic pastries and bread in the second-floor bakery of our house on Oak Street, and daily shifts in childcare, meal preparation, house cleaning, buying, publications, promotions, art projects and performing our music and songs. Hundreds of songs were written over the years, inspired by our sharing lifestyle, and singing with others was my dream come true.

Making up the shift schedule was both challenging and rewarding, and it helped bring us in touch with the understanding that each person, to the extent of their ability and past conditioning, is doing the best they can. With forgiveness and affirmation of one another, we are freed from self-limitation to excel to greater heights in contributing our individual abilities to the whole and recognizing our true selves.

One of the fears many people have relative to communal living is that they will lose their individuality. The opposite is actually true. In our large group, where so many facets were covered, we were freed to pursue our individual talents and to develop new projects to be added to our Creative Schools of Experience, such as food preparation, baking, airbrushing, sewing, woodshop, video, music and publishing.

Those early days are a hazy recollection of joy and despair, going thru a myriad of changes, learning to trust and care for others outside our immediate family and letting go of attachments to people, things, and ideas. At times, it was like childhood memories, playing and sharing with friends, while at other times, it was the disorientation and insecurity in relationships that go with such changes, but made easier by knowing that it was all just old programmed fears and that we had found the real thing and were living it. Learning to serve, to share unconditionally and letting go of attachments is an on-going process and is necessary if we are to be free of fear.

The conditioning in the getting-for-self world of duality didn't just vanish overnight. There were many times when, because of my childhood experiences and 40 years in the status quo world of effects (and previous lifetimes), the pain from the negative feedback (my karma) would build up to the point where I would say to myself, "I've got to get away from here!" The next instant, I would recognize that there was no place to go, for the status quo world of effects held nothing of value for me. So I was forced to face my karma and make the changes within myself necessary to stay in the high energies of sharing. The inspiration of recognizing a truth greater than any we had known before, helped lift us above the changes we had to go thru. Communal living is an on-going letting go of old conditioning, which I'm happy to say, gets easier and easier. As we say, "it's group therapy," as we remind each other who we really are thru our lifestyle of sharing.

When Michael and I joined the commune, the change was most difficult for our oldest son, Mike, who, at nine years old, felt that he had lost a father. Even though we know we couldn't have done otherwise at the time, when we look back, it's painful to realize that, if we had known what we know now, we could have helped our children deal with much of the hurt and unhappiness they experience in this backwards world. Michael and I were captivated by the inspiration of it all, while at the same time going thru great changes ourselves, and were unable to recognize the insecurity Mike was feeling and to give him the support he needed. I realize that it was also Mike's karma from past lifetimes to attract that experience, just as we all have karma that plays back to heal past errors and to prod us on in our awakening. I feel that he, and all of our children who grew up in the Commune, would have a far more difficult time in the world as it is, had they not had that sharing communal experience.

For me, it was an intense learning experience as I began to realize that things don't have to be done "my way" to turn out right - and, being a very strong Leo mother, that was quite a revelation! It has taken all these years, but I'm learning to value the particular strengths I have and to share them with others without feeling the need to force anything on anyone, as well as to recognize and appreciate abilities in others. We each have our particular strengths to add to the whole, and when we live together as we do, no one person has to be all things.

It's been a wonderful, growing experience over the years, with Allen Michael, a master of relativity, setting the example along the way.

When I look back on my life before this awakening, it seems as though I was acting a part, and I'd forgotten who I really was. We all are conditioned in our childhoods and past lives from our experiences in this backwards world of negative effects. Much of our early conditioning is based on fear, seeking approval from others out of fear of rejection in this status quo getting-for-self world. In the Commune, we are recording in the morphogenetic field, the new way of living, as we create our lives for ourselves from moment to moment.

From outward appearances, as we maintain our environment and provide for our daily needs, our lives don't appear to be that different. The big difference doesn't show unless you can spend some time with us and see how we relate to one another on a daily basis. We have come into Creation's sharing consciousness, leaving behind competition, jealousy and fear of alienation. We recognize these old programmed misconceptions when they pop up, forgive and let go of them as they occur, recognizing that they are not part of our true selves as Universal Beings, here to serve one another and our humanity by demonstrating the true godly and only joyful way to live on a planet.

In the world of duality and materiality, fear of lack has been the motivating force in maintaining the backwards, ungodly system of usury money. In our sharing new world, along with all other words of duality and fear, the word, "lack," will no longer exist. The only words remaining will be of sharing, serving, forgiveness and love. As Jampolski says, "Love is letting go of fear." Love is sharing and serving, and as all of humanity comes into a sharing relationship, there can be no more fear and nothing to let go of.

This is the time of the end of the old world, with the tremendous rise in consciousness now that began back in the high energy days of the 60's, along with the building negative effects all over the world. The truth Allen Michael has brought to the prophecy in Daniel 11:1-45, reveals the "King of the South" to be the Arab nations, Russia and China, and the "King of the North," the U.S. and capital wealth nations and is becoming more and more evident for all to see.

## Nature's Potions



In order to maintain our revolutionary purpose and still interact with society, we were given an abundance of psychedelics, Nature's Potions, or what we call sacrament, - marijuana, magic mushrooms, peyote and LSD. It's a loving Universe and, even tho' there are painful experiences from time to time, we are always being given what we need, individually and as a humanity in furthering our path to enlightenment and healing. In the 60's and early 70's, during that initial period of planetary awakening, it was

obviously a need, because we certainly were given an ample supply of Nature's Potions. The psychedelics helped us bridge the gap - the disparity between the consciousness of society at that time and our visionary crusade, our newly-found awareness of the Universe, planet earth, space beings and our humanity's relationship to it all.

The ecological, self-healing, self-perfecting Universe automatically manifests whatever is needed to maintain balance and bring healing, even tho' many times it isn't something we welcome. Nature's Potions have been put here by Creation as an aid in the expansion of consciousness. However, the motivation for self-gain has brought about harmful consequences from the misuse of much of Creation Nature's gifts, from nature's potions to the food we eat. The commercialization and wrong use of all things natural, including food, is backwards, negates the Natural Law and is the basic cause of the increasing negative effects. Right-use-ness simply means using all of Nature's gifts according to the Natural Law which benefits all life in body and soul.

## Narcotic Entrapment

A short time before we joined the Family, Allen Michael had been arrested in a narcotics entrapment by the paranoid establishment out to get the "bad guys." It

was an ongoing test during the early days of our commune as we balanced the paranoia of the status quo consciousness toward anything that deviated from "business-as-usual."

It was in Long Beach, California that Allen Michael had his art studio and his first ETI contact. From there, he moved to San Francisco, and with a small group of inspired people, he started the One World Family Commune. With the help of his son, Dennis, he opened the Here and Now Macrobiotic Restaurant on Haight Street. One day, an acquaintance of his from Long Beach came to see him and asked if he would get him some marijuana. In Allen Michael's usual way of giving to those who ask, he obtained the marijuana only to discover that he had been set up for an entrapment. This was brought about no doubt because of the truth he was speaking relative to the establishment and ending the money system. He was arrested, charged with eight felony counts and then released on \$3,750 bail. Shortly after we joined the Commune, Judge Neubarth, in a paranoid state of hallucination, decided that he was a menace to society and had him put back in jail with bail raised to \$25,000.

With his welfare as our common bond, we were brought closer together and, during the months that Allen Michael was confined, we were able to show ourselves, as well as the authorities, that it was not because of a beguiling charm or hypnotic persuasion that we had come together with him, but because of our own recognition of the truth he was channeling. Rather than becoming discouraged and losing sight of our direction, we were given the opportunity to become stronger in our individual abilities and to serve as leaders in Creation Nature's sharing way of living. We were once again recording in the collective consciousness the natural way of living, as we had in previous incarnations, when we were the Essenes and the Disciples spoken of in Acts 4:32-35.



While Allen Michael was incarcerated, along with operating "The Here and Now," maintaining our home and caring for our children, we published our first newspaper, *The Universal Communicator*, and sold it wherever we went. In our old yellow school bus, which Allen Michael, the master sign-maker, had beautifully painted, we toured five universities and colleges in Oregon with our musical group, "The Angel's Own Social Grace and Blessed Deliverance from the Demons of Dualism Double Band and Chorus." We agreed to change the name when someone in the Hell's Angels heard that we were using a name they had originated. We chugged up and down the mountainsides in our old school bus at the top speed of 45 mph, played and sang our songs and told of Allen Michael's entrapment and the joys of our newly-found communal way of life.

After we returned from our tour of colleges in Oregon, we held a demonstration in front of the San Francisco Federal Building, protesting Allen Michael's return to jail and the increased bail. Just as everything was a happening in those magical days, we met Richard Cohen, a young attorney who had just passed the bar and who volunteered to represent Allen Michael in court without a fee. We rounded up the people and put on a week-long benefit at the Straight Theatre on Haight Street, which, among the many local bands, included the Sons of Champlin, Tower of Power and The Congress of Wonders, all

donating their time and energy toward raising money for Allen Michael's bail. It was the wonderful *all for one and one for all* sharing consciousness that prevailed during those inspired days of the Flower Children in "the Haight," and a precursor of the coming New Age of sharing.

After spending four and a half months in jail, Allen Michael was free, thanks to an unknown friend who donated the \$2,500 needed as premium for the \$25,000 bailbond, and to Allen Michael's friend, Leland Mills' generous posting of property with equity worth over \$100,000, the amount required by all SF bailbond companies.

Even though the status quo powers-that-be had their minds made up regarding his "ulterior motives," Allen Michael's testimony during his trial was so powerful that Judge Eimann, who had replaced Neubarth on a defense motion to disqualify, was unwilling to sentence on his own and sent him to Vacaville, the State of California rehabilitation center, for 90-days observation.

Two very special events took place while Allen Michael was in Vacaville. He channeled what was to become the first of *The Everlasting Gospel* series of books, "To the Youth of the World," and Allen's wife, Dianne, gave birth to Allen David, the first of their three beautiful children.

When Allen Michael was released, the doctors and Vacaville authorities described him as a genius, recognizing his acute perception, rational mind and singleness of purpose, and gave him a high recommendation for probation. Judge Eimann ignored the reports, saying he stopped reading on page two and sentenced him five years to life. The decision was appealed and ultimately reduced to three years probation, with the provision that Allen Michael would see to it that all single male and female members, who were actually living together as couples, would be "sanctified by the state" in marriage. More mortal-minded ignorance.

It was wonderful having Allen Michael back with us and being free of the uncertainty of whether or not he would be sent to prison. We had been growing as spiritual revolutionaries, getting high serving one another and the community our natural, nutritious food in our little Here And Now restaurant. It was truly a magical time, and the inspiration of it all brought forth hundreds of songs and music that we all have played and sung together over the years.



With our leading musicians of the family, Bill H., Steve W., Aundor, Leaetta, Bill B, joined by others of us in the band and chorus, we traveled around in our brightly painted school bus, performing at fairs and putting on "happenings" at churches and colleges all over the Bay Area. Allen Michael channeled his far-out messages from Galactica, revealing the truth of the solar catastrophe, which was the cause of the negative energy in the consciousness of this planet and of the satanic usury money system, along with the Plan to end the money system and bring forth the world of sharing as one humanity. We were spiritual revolutionaries inspired by the truth of it all, as we performed our music, served our delicious natural food and cared for our children. Those were the magical "Flower Children" days with visions of a dream come true, where everyone and everything is real and we all "live happily ever after."

A short-lived but bright spot in the Bay Area music scene was the Family Dog, an enormous hall at Playland-by-the Beach in San Francisco, operated by Chet Helms and friends. For a short period of time, we operated the natural food concession there for rock band concerts and also provided the natural food concession for Steve Gaskin's popular "Monday Night Class." The concession was not only financially rewarding, but also provided us with exceptional weekend entertainment, which included the Rolling Stones, Jefferson Airplane and many other top rock bands.

We were impatient to get the message in the EG and Allen Michael to the people, so in spite of the fact that we were barely getting by financially, when it became evident to us that we were not to be given the opportunity to communicate our message and that all of the energy we were putting into the food service was solely to maintain a money-making venture, we ended our affiliation with the Family Dog, unable to see the relativity of it all. Little did we know how many years it would be and how much more the negative effects would have to increase for the consciousness to grow to the point of recognizing the truth. Of course, it's all the same day in the Universe, and all things are happening together in the Uni's perfect synchronicity - everything in its own season. Time, as most people think of it is simply mortal mind counting this planet's revolutions around the sun so they can add interest to money, collect taxes and get paid. As we say, it's always the same day in the Universe, always NOW.

